



Temple Israel Mitzvah Day

October 21, 2012

Project Selection Form

Program Schedule:

9:30 am **Opening Assembly at Temple (all)**
All religious school students, families, and congregational volunteers are invited to join in our program kickoff

10:00 am **Salthaven Presentation at Temple**
Brian Salt, founder and director of rehabilitation at Salthaven, will share how Temple Israel can help this local Wildlife Rehabilitation Facility

11:00 am **Service Projects run all afternoon**
The rest of the day will consist of projects in and away from our Temple home.

Name(s) and Age(s) of Participants:

Adult(s):

Child(ren):

Age(s):

Please choose **and rank** 2 or 3 projects: (see attached for details):

Offsite:

- Reforest London (all ages)
- Salthaven Shoppers and Schleppers (adults or family groups)
- Merrymount (ages 13 and up)

At Temple:

- Baking for Ronald McDonald House (all ages)
- "Care packages" for children in crisis (all ages)

Supply Donations Needed: (Bring to Temple Oct. 21)

Salthaven Wildlife Rehabilitation Facility:

- HIGH PRIORITY ITEMS:
 - Small, Medium and EXTRA SMALL size examination gloves
 - Electric heating pads - without automatic shut-off
 - Receiving blankets
 - Postage stamps
 - Clean rags
 - Kleenex
- OTHER ITEMS:
 - Canadian Tire Money
 - Heavy duty plastic or metal shelving
 - Gas cards
 - Gift cards (Home Depot, Staples, Rona, Canadian Tire)
- MEDICAL SUPPLIES:
 - 1cc , 5cc and 10cc Luer Lock O-Ring Syringes

Care Packages for Kids in Crisis:

Please also consider donating bulk quantities of any of the following to be bundled into individual packets:

- Construction Paper
- Markers/Crayons/Pencils
- Colouring Pages
- Play-doh, bubbles, or other small treats (Halloween sizes are perfect)

Project Details: *Offsite*

1. Reforest London Tree Planting with UWO Muslim Student Association

- a. Time: 1-4 pm
- b. Min/Max ages (none)
- c. Min/Max number of participants (none)
- d. Details:
Furanna Park, 100 Wychwood Park
Join ReForest London as we plant over 300 trees and shrubs at this north west London park.
Thank you to Marcia and David Crockett for sponsoring this project.

Planting trees is a fun outdoor activity for families and individuals. No experience or volunteer registration is required, but please remember:

- Be prompt - we'll teach you how to plant trees at the beginning of the event.
- Wear sturdy shoes - no sandals or flip-flops please.
- Wear clothing appropriate to the weather - we plant rain or shine!
- Bring water - we'll have a jug to refill your reusable bottle.
- Bring a shovel if you have one, but we have some to lend you if you don't.
- Secondary students can earn volunteer hours at our events. Don't forget your forms!
- Consider walking, cycling, carpooling, or taking the bus to our events.
- Some of our locations are tricky to find. Please look at our maps and watch for posted white signs directing you to the planting locations
- More information is available at www.reforestlondon.ca or by calling [519-936-9548](tel:519-936-9548) x222

2. Salthaven Shoppers and Schleppers

- a. Time: 11 am
- b. Min/Max ages (none)
- c. Min/Max number of participants (3 individual adults or two families)
- d. Details:

Following Brian Salt's presentation on their Wildlife Rehabilitation program, take our donations and tzedakah money to purchase and deliver needed supplies to their facility:

3. Merrymount Family Support and Crisis Center

- a. Time: 11:30 am
- b. Min/Max ages (13 and older)
- c. Min/Max number of participants (approximately 10-15)
- d. Details:

After a tour of this one-of-a-kind center for families in crisis or transition, get to work on general and office tasks to maintain Merrymount's facility and programs (sprucing up, paperwork, etc.).

Project Details: *At Temple*

4. Baker's Dozen for Ronald McDonald House

- a. Time: 11 am
- b. Min/Max ages (none)
- c. Min/Max number of participants (none)
- d. Details:

Each Ronald McDonald House provides a home-away-from-home for families of seriously ill children who are being treated at nearby children's hospitals. It is a place where families can be together and kids can share experiences with others who are just like them.

This is hungry work! RMH provides coffee and snacks 24-hours-a-day for out-of-town families with a sick child. Help us stock their freezer with cookies and other baked goods to welcome and comfort these children and their families.

Bakery shoppers and a delivery crew also needed before and after the big day.

5. Welcome Packets for Kids in Crisis

- a. Time: 11 am
- b. Min/Max ages (none)
- c. Min/Max number of participants (none)
- d. Details:

Join our teachers and other volunteers as we make welcome packets of activities and comfort items for children in shelters.

Thank you in advance for making this congregation-wide day of Social Action a success!

May we be inspired to expand our efforts to other projects and causes throughout the year!

Questions? Contact the Temple Office:
office@templeisraelondon.ca; 519 858-4400